# Meal Planning

# Fridge inventory
## What's hiding in your fridge?

Use a pen to write / when you put it in and then x as used

| item | bought / or used x | item | bought / or used x |
|---|---|---|---|
| _____ | ☐☐☐☐☐ | _____ | ☐☐☐☐☐ |
| _____ | ☐☐☐☐☐ | _____ | ☐☐☐☐☐ |
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